

Mum and Me

How Hearing Her Holocaust Story Helped Me Heal



Marion Kane is known for her witty, insightful narratives about food. But when she looked within, she found a profoundly moving family story.

Marion has enjoyed a long, successful career as a food writer and broadcaster. Her warm, candid style and insatiable curiosity about food history and culture have delighted millions of Canadians for more than three decades. For 18 years until she resigned in 2007, she was food editor/columnist for Canada's largest newspaper, the Toronto Star.

Marion's latest work is a departure from her familiar role as 'food sleuth'. 'Mum and Me: How Hearing Her Holocaust Story Helped Me Heal', a 35-minute radio documentary, reveals a tale that begins with the Nazi genocide, devastating loss, PTSD and addiction, but moves rapidly to recovery, a healed relationship between mother and daughter, love and redemption.

At the heart of Marion's story is a message of forgiveness and compassion that will resonate with her audience for so many reasons. Many will identify with Marion's demons: a toxic brew of family secrets, alienation, trans-generational trauma, feelings of abandonment and the resulting addiction. From her story, we learn how lifting the veil of secrecy about the Holocaust and understanding why Marion's mother Ruth could not share her story until now leads to a catharsis for mother and daughter.

To hear the full 35-minute documentary, to read the story, and to view photos please visit Marion's website, www.marionkane.com.



Marion's mother Ruth Nisse (Schachter) who studied zoology at McGill.